

Food Adventure Group

Led by Occupational Therapist, Amy Maxson MOT, OTR/L

This is a one-of-a-kind curriculum, written by a pediatrician (Dr. Nimali Fernando) and pediatric feeding therapist (Melanie Potock) who understand how children become picky eaters and how to prevent picky eating with a multi-sensory and joyful approach.



Parent involvement is a key to success, so a parent handbook, weekly recipes, and follow up parent education will give you the language and approach to continue the education at home.

- Elementary school program ages 5-11 years
- research backed program
- designed for children with and without picky eating challenges
- Group setting, fun, interactive, joyful. Make friends with food!
- 60 min sessions
- once a week
- 6-week cycle
- \$50/session (10% discount when paid in advance)
- Food and recipes provided
- sensory and fine motor food activities
- Led by a Certified Instructor of Dr. Yum's Food Adventure Program

When and Where?

Achieve Pediatric Therapy

11602 Lake Underhill Road, Suite 129
Orlando, FL 32825

Offered on select dates 4 times a year

*email for dates and availability

Thursdays: 4:00-5:00pm

* Sessions limited to 6 children with 1 adult each.

* Register: Call **407-277-5400** First week's payment is required to hold your spot.

* Questions? Email Amy@AchievePediatricTherapy.com